

Moving from surviving to thriving:

Supporting our students in their time of need.

Presenters:

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Download our presentation:

www.govst.edu/GSU4U

Our Agenda

- Welcome and Introductions
- Audience Audit and Participant Expectations
- Overview of research and data
- Campus Case Studies
 - Governors State University (Illinois)
 - Trinity Christian College (Illinois)
- Is this an issue on your campus?
- Participant Discussion on Strategies
- Toolkit Resource Guide
- Closing Comments and Questions

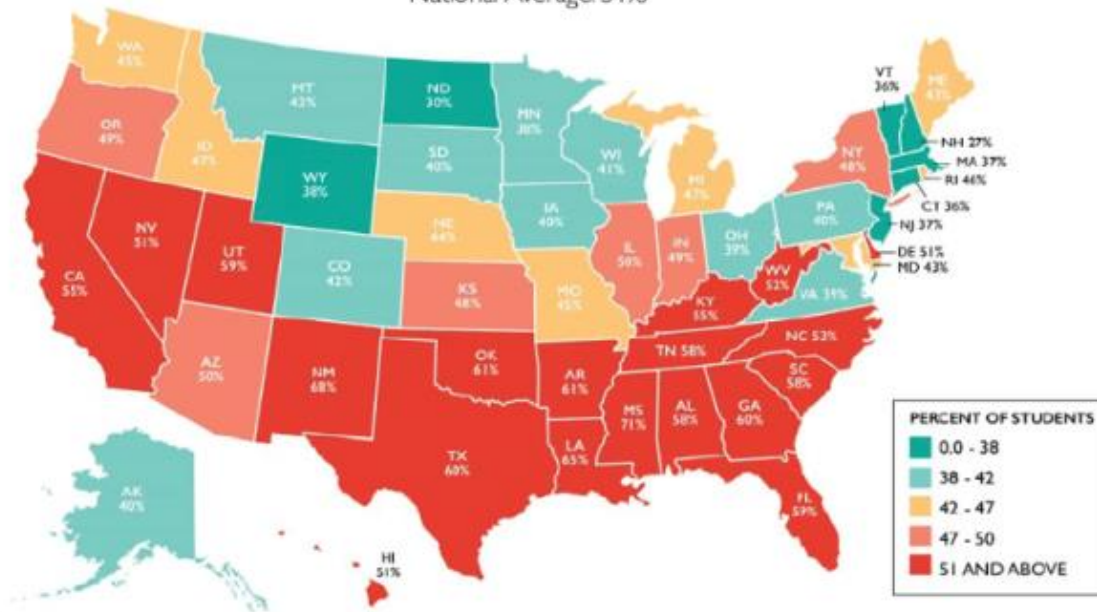
Audience Audit

- Who is in the room?
- How does this topic impact you? Your work?
- Why did you attend the session?

A National Snapshot

PERCENT OF LOW INCOME STUDENTS IN U.S. PUBLIC SCHOOLS 2013

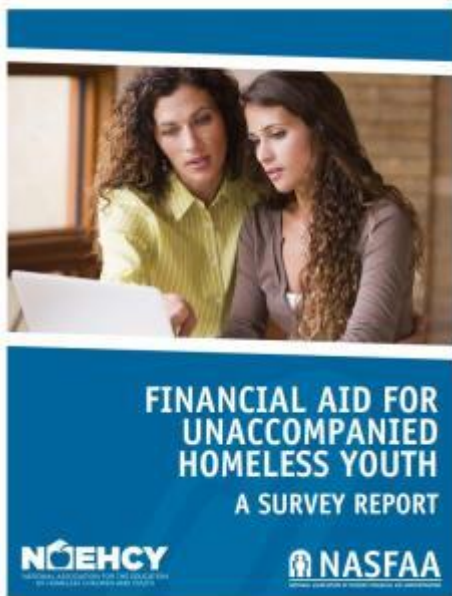
National Average: 51%



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Data Source: U.S. Department of Education, National Center for Education Statistics, Common Core of Data

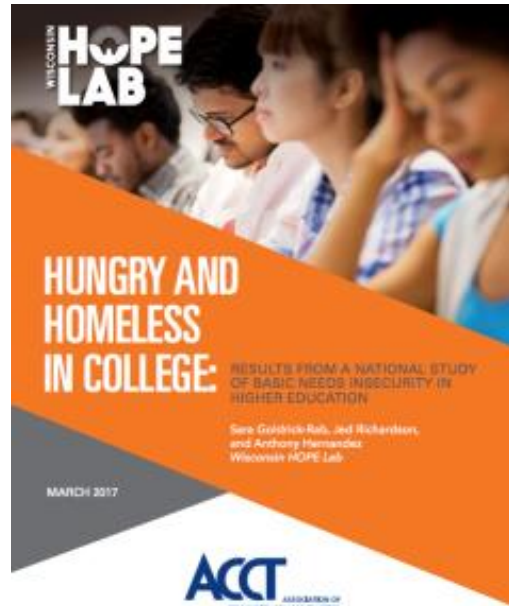
A National Snapshot



Over 58,000 students identified as homeless on the 2013 Free Application for Federal Student Aid (FAFSA®), a 75 percent increase over the last three years.

[Q & A for Federal Student Aid and Homeless Youth](#)

Overview

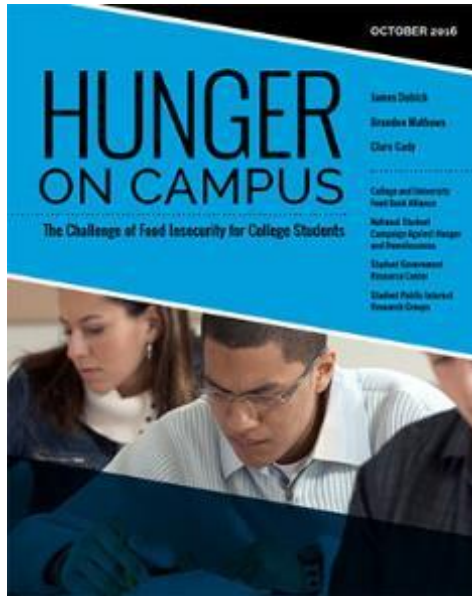


A 2017 report from the Wisconsin HOPE Lab surveyed 33,000 students across 70 community colleges in 24 U.S. states.

Major Findings:

- Almost two-thirds are “food insecure” meaning they have limited or uncertain access to nutritionally adequate and safe foods.
- Nearly half are “housing insecure,” meaning they are forced to move often or cannot afford rent or utilities.
 - Overall, 14 percent reported being homeless.

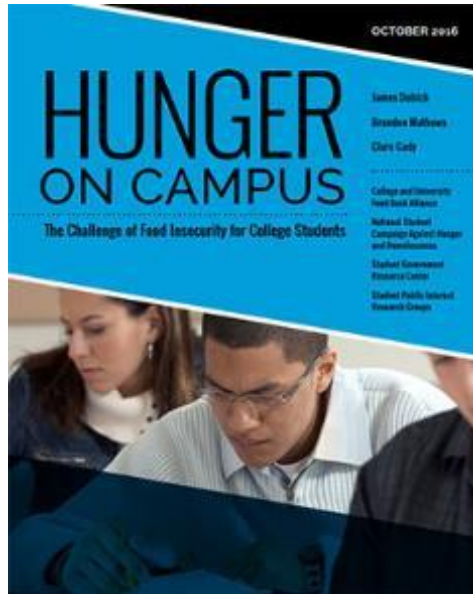
Hunger on Campus



Four campus-based organizations surveyed college students across the United States on food insecurity between March and May 2016:

- College and University Food Bank Alliance
www.cufba.org
- National Student Campaign Against Hunger and Homelessness
<https://studentsagainsthunger.org/>
- Student Government Resource Center
<http://studentgovresources.org/>
- Student Public Interest Research Groups
<https://studentpirgs.org/>

Hunger on Campus



Major Findings:

- Food insecurity occurs at **both two-year and four-year** institutions. Twenty-five percent of community college students qualified as having very low food security, compared to 20 percent at four-year schools.
- Food insecurity was **more prevalent among students of color**. Fully 57 percent of Black or African American students reported food insecurity, compared to 40 percent of non-Hispanic white students.
- More than half of all **first-generation students** (56 percent) were food insecure, compared to 45 percent of students who had at least one parent who attended college.

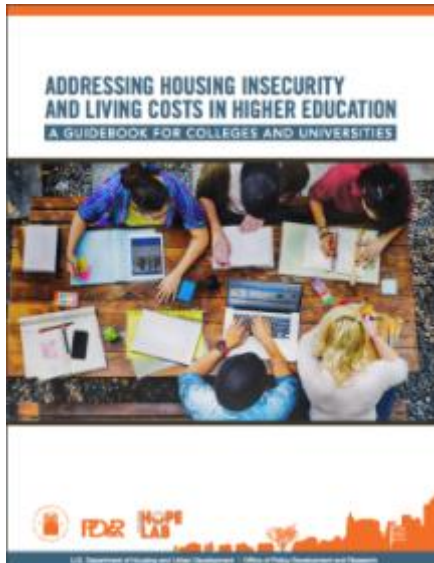
The impact:

According to the Center for Community College Student Engagement at the University of Texas at Austin, nearly half of community-college students say a lack of finances could cause them to withdraw.

“If I would only have to concentrate and just study, I would have a 4.0 GPA. If I would just have to wake up every day and know that that’s my goal. But I’m thinking, ‘Oh, I have to pay this bill. Oh, man, how are my little brothers doing?’ Because you’ve got the financial problem going on, too. Your parents are depending on you to help them.” - Student Respondent



The impact:



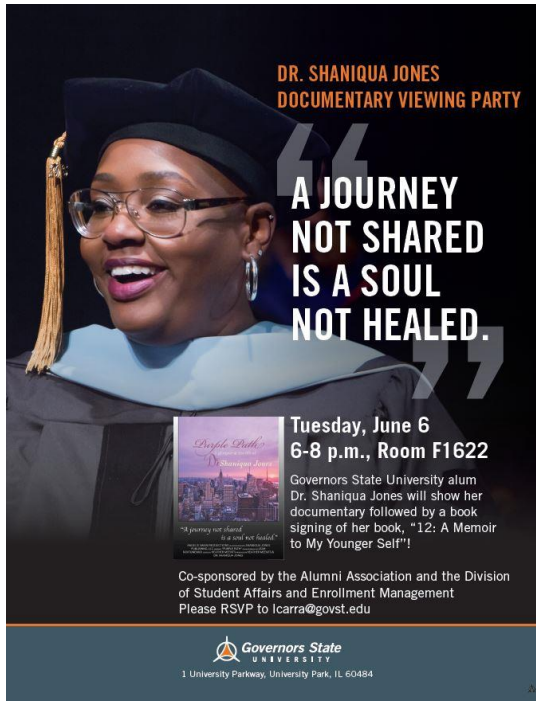
Students experiencing food and housing insecurity are more likely to report depression, anxiety, and other mental health problems.

One student's story:



Ted Talk: Shawntae Harris
[*The Hidden Homeless on College Campus*](#)
Published 5/24/17

Another student's story:




DR. SHANIQUA JONES
DOCUMENTARY VIEWING PARTY

**A JOURNEY
NOT SHARED
IS A SOUL
NOT HEALED.**

Tuesday, June 6
6-8 p.m., Room F1622

Governors State University alum
Dr. Shaniqua Jones will show her
documentary followed by a book
signing of her book, "12: A Memoir
to My Younger Self"!

Co-sponsored by the Alumni Association and the Division
of Student Affairs and Enrollment Management
Please RSVP to Icarra@govst.edu

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Lessons Learned on my Journey from Poverty to Ed.D.

In her signature talk, Dr. Jones shares about her journey from poverty to Ed.D. She discusses the power of education, and how she found her voice through it.


Additionally, she covers her life philosophy that is grounded in Restorative Justice Principles, and provides powerful lessons on how to overcome obstacles through her life experiences as it relates to rising from poverty to becoming a prominent community member.

<http://shaniquajones.com/>

About Governors State University

- An upper division institution since its founding in 1969, GSU transitioned to a residential four-year campus in 2014.
- Fall 2017 student population (5,185) looks like what Rendon and Hope (1996) have called America's "new majority."
- Student population: 51% are students of color; 56% received Pell grants in fall 2014; 42% are first generation. Average undergraduate is nearly 29 years old.

Addressing Food and Housing Insecurities




ADDRESSING HUNGER AND HOUSING INSECURITY IN COLLEGE STUDENTS

Raising Awareness and Sharing Resources
Tuesday, June 6, 1 – 5 p.m. • E-Lounge

1 p.m. Welcome and Overview
1:15 p.m. Keynote by Dr. Casey Holtschneider, Assistant Professor of Social Work at Northwestern Illinois University and Executive Director of the LYTE Collective
1:45 p.m. GSU Student Experiences
2:30 p.m. Panel of Service Providers
3:15 p.m. Navigating Financial Aid During Times of Need
3:30 p.m. Breakout Sessions:
• Physical and Mental Health Concerns
• Domestic or Relationship Violence / Sexual Assault
• Food and Housing Insecurity
• The Whole Student: Intersectionality and Well-Being
4:15 p.m. Closing and Next Steps

Please RSVP at www.govst.edu/hunger
For more information, contact deanofstudents@govst.edu or visit www.govst.edu/studentaffairs
Hosted by The Division of Student Affairs and Enrollment Management

Join us for a special screening of Purple Path, a documentary from three-time GSU alum Dr. Shaniqua Jones. Sign in FREE!
"No journey not shared is a road not traveled."

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- Motivated by a Chicagoland meeting convened by [Pride Action Tank](#)
- Holtschneider (2017) suggests three guiding principles for work:
 1. Building Supportive Relationships
 2. Creating a Continuing Community of Support
 3. Addressing People as Human Beings First, and Their Crises Second

Addressing Food and Housing Insecurities

GSU4U: Off-campus referrals coordinated by Office of the Dean of Students

www.govst.edu/GSU4U



Jaguar Den: On-Campus Resources coordinated by Student Life

www.govst.edu/JaguarDen

The poster features a tiger-striped background. At the top, it reads "The JAGUAR Den Student Lounge (The Place to Connect) A2140". Below this, it says "Relax between classes, watch TV, meet with friends, or use the computers." The poster lists three services: "GSU Food Pantry" (Open Daily 11am - 3 pm), "Jaguar Career Closet" (Mondays and Wednesdays 11am - 3pm), and "D.E.N. Bags" (Disseminating Emergency Notifications (1-pm Request)). At the bottom, there are three tiger heads and the text "STUDENT LIFE".

Jaguar Den

- [Food Pantry](#) launched in 2013
- **Operation Healthy**, monthly distribution of fresh fruits and veggies
- Participation in [Hunger and Homelessness Awareness Week](#) began in 2013
- **Career Closet** to launch during HHW 2017
- **D.E.N. Bags** available
 - *Distributing Essential Needs*
- Lockers and shower access available



About GSU4U?

- **Connecting students with social services is critical:**

“63 percent of parenting community college students surveyed were food insecure and almost 14 percent were homeless, but only about five percent received any child care assistance.” *Hungry and Homeless in College: Results from a National Study of Basic Needs Insecurity in Higher Education*

- **Student comment:**

“GSU4U has been the bridge to help me to succeed here at GSU. The hardship of being a student without a stable place to live is extremely difficult especially when you do not have a family support system. GSU4U has given me access to resources and stability that will help me to succeed in my program and to continue towards graduation. I believe in GSU4U.” GSU Student

Why GSU4U?

Need help accessing food?

Illinois Hunger Coalition will be on campus to assist GSU students with

LINK CARD APPLICATIONS



Tuesday, September 12
C1310 | 11 a.m. - 4 p.m

NEED FOOD NOW?
Visit the Food Pantry in the Jaguar Den (A2140)
Connect with GSU4U at www.govst.edu/gsu4u

Questions? Contact GSU4U
708.235.2845 or gsu4u@govst.edu



- GSU4U connects students to campus and community resources when they are facing personal difficulties, such as food and housing insecurity.
- [Student Health and Wellbeing Syllabus Statement](#)
- Online resources for housing, food and legal assistance.
- Community agencies present on campus.
- GSU4U Ambassador Program to launch during HHW 2017

Campus Fundraising

MAKE THE
25¢ DIFFERENCE



Add 25¢ to your total and
you'll benefit the GSU Food Pantry!

What's that bowl of plastic quarters at the register?

Turn a fake quarter into a real difference.
Thank you for your generosity



**SCHOLARSHIP
ROUND UP**

YOUR CHANGE CAN MAKE A DIFFERENCE

Round up your bookstore purchase to the next dollar and your change will be donated toward Bookstore Scholarships.

Pennies to you means opportunities for others.
Thank You for Your Generosity!



About Trinity Christian College

- Founded in 1959. Traditional, four-year liberal arts, private faith-based institution.

	Degree-Seeking First-Time First Year	Degree-Seeking Undergraduates (include first-time first-year)	Total Undergraduates (both degree- and non-degree- seeking)
Nonresident aliens	38	100	105
Hispanic/Latino	19	130	133
Black or African American, non-Hispanic	13	86	92
White, non-Hispanic	116	658	716
American Indian or Alaska Native, non-Hispanic	0	2	2
Asian, non-Hispanic	3	10	11
Native Hawaiian or other Pacific Islander, non-Hispanic	0	1	1
Two or more races, non-Hispanic	0	10	11
Race and/or ethnicity unknown	3	31	36
TOTAL	192	1,028	1,107

Addressing Food and Housing Insecurities

- Communal experiences focused on flourishing and thriving; sense of belonging and engagement.
- Proactive measures to provide meal plans for residential and commuter students.
- Student Response Team (SRT): The Student Response Team (SRT) is a working group that meets regularly during the academic year to identify and respond to concerns about our students. The team relies heavily on faculty and staff referrals. Students who are referred receive holistic support, as the team members often have access to a bigger picture than what you might experience with a student in a particular context.

Addressing Food and Housing Insecurities

- **Diversity Scholars:** The purpose of the Diversity Scholars Program is to recognize scholars from under-represented populations who have demonstrated academic excellence, leadership, and Christian commitment throughout their high school and college careers, and who will perpetuate the mission of Trinity Christian College. Multiple scholarships awarded to new Trinity students who have demonstrated academic excellence and peer leadership, articulate a desire to grow in their understanding of diversity, express their commitment to pursue involvement and leadership opportunities during their time as a Trinity Christian College student. Program participants will be encouraged to live on campus.

Strategies to Support Students: An Overview

- Establish a campus Single Point of Contact (SPOC)
- Engage in proactive, systemic outreach
- Help students manage housing costs by changing the timing of aid delivery
- Prioritize higher-need students for resources, including housing and work-study, and fill housing gaps during breaks and emergencies
- Partner with local agencies and organizations
- Bundle academic support with other assistance
- Connect students with benefits

Source: Addressing Housing Insecurity and Living Costs in Higher Education

Strategies to Support Students: An Overview

- Provide emergency aid/micro-grants
- Address food insecurity with a campus food pantry, mobile food distribution, or meal point sharing
- Enable students to use SNAP on campus
- Provide assistance with housing issues and offer emergency housing
- Support student parents, including campus childcare
- Support students' financial capability

Source: Addressing Housing Insecurity and Living Costs in Higher Education

Examples of Best / Innovative Practices

- Emergency Aid Programs: [NASPA Report](#)
- 500+ [University and College Food Pantries](#)
- [Human Services Resource Center](#) at Oregon State University
- [Emergency On-Campus Housing](#): Kennesaw State University
- [Campus Store Accepts SNAP](#): Humboldt State University
- [Free Food on Campus To Go Viral](#): Emerson College

Discussion Questions

- Is this an issue on your campus?
- How do you know?
- Which best practices from this session are you doing?
- What are opportunities to implement services?

Questions and Comments

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Questions and Comments

- Cady, Clare. 2016, February 26. *Students shouldn't have to choose between books and food*. The Chronicle of Higher Education.
- Field, Kelly. 2017, June 29. *For Homeless Students, 'Education Was the Only Way Out.'* The Chronicle of Higher Education.
- Hunger on Campus: The Challenge of Food Insecurity for College Students. Available at: http://studentsagainsthunger.org/wp-content/uploads/2016/10/Hunger_On_Campus.pdf
- Hungry and Homeless in College, 2016 Wisconsin HOPE Lab. Available at: <http://wihopelab.com/publications/hungry-and-homeless-in-college-report.pdf>
- Making Ends Meet. Spring, 2016. Center for Community College Student Engagement at the University of Texas at Austin. Available at http://www.ccsse.org/docs/Making_Ends_Meet.pdf
- Office of Policy Development and Research: U.S. Department of Housing and Urban Development. August, 2016. [Addressing Housing Insecurity and Living Costs in Higher Education](#)
- Single Stop Stories for Success, see: <http://singlestopusa.org/about/policy/>
- Student Hunger and Homelessness in Massachusetts Public Colleges and Universities, 2016 Study. Available at: <http://www.mass.edu/bhe/studenthunger.asp>